

**AQUATICS GB SUMMER CHAMPIONSHIPS (50M)**  
**20<sup>th</sup> - 26<sup>th</sup> JULY 2024, PONDS FORGE ISC**  
**SCHEDULE OF EVENTS**



SATURDAY 20 <sup>TH</sup> JULY	SUNDAY 21 <sup>ST</sup> JULY	MONDAY 22 <sup>ND</sup> JULY	TUESDAY 23 <sup>RD</sup> JULY	WEDNESDAY 24 <sup>TH</sup> JULY	THURSDAY 25 <sup>TH</sup> JULY	FRIDAY 26 <sup>TH</sup> JULY
HEATS	HEATS	HEATS	HEATS	HEATS	HEATS	HEATS
Day One Start: 8:30am	Day Two Start: 8:30am	Day Three Start: 8:30am	Day Four Start: 8:30am	Day Five Start: 8:30am	Day Six Start: 8:30am	Day Seven Start: 8:30am
Men's 1500m Freestyle H.D.W	Men's 200m Freestyle Women's 400m Freestyle Men's 100m Breaststroke Women's 50m Breaststroke Men's 50m Backstroke	Men's 200m Butterfly Women's 100m Backstroke Men's 100m Backstroke Women's 100m Breaststroke Men's 50m Breaststroke Women's 200m Ind. Medley	Women's MC 100m Freestyle Men's MC 100m Freestyle Women's 200m Butterfly Men's MC 150m Ind. Medley Women's MC 150m Ind. Medley Men's 400m Ind. Medley Women's 50m Freestyle Men's 100m Freestyle Women's MC 200m Ind. Medley Men's MC 200m Ind. Medley	Women's MC 100m Backstroke Men's MC 100m Backstroke Women's 200m Freestyle Men's 200m Breaststroke Women's 200m Backstroke Women's MC 100m Breaststroke Men's MC 100m Breaststroke Women's 50m Butterfly Women's MC 50m Breaststroke Men's MC 50m Breaststroke Men's 100m Butterfly Men's MC 50m Backstroke Women's MC 50m Backstroke	Women's 100m Freestyle Women's MC 200m Freestyle Men's MC 200m Freestyle Women's 400m Ind. Medley Men's 200m Ind. Medley Women's MC 400m Freestyle Men's MC 400m Freestyle Men's 50m Freestyle Women's 50m Backstroke Women's MC 50m Butterfly Men's MC 50m Butterfly	Men's 400m Freestyle Women's MC 50m Freestyle Men's MC 50m Freestyle Women's 200m Breaststroke Men's 200m Backstroke Women's 100m Butterfly Men's 50m Butterfly Women's MC 100m Butterfly Men's MC 100m Butterfly
Start: tbc Women's 1500m Freestyle H.D.W.		Start: tbc Men's 800m Freestyle H.D.W.			Start: tbc Women's 800m Freestyle H.D.W.	
			<b>Teams</b> Start: tbc Women's 14/16 4x100m Freestyle Women's 17+ 4x100m Freestyle	<b>Teams</b> Start: tbc Men's 14/16 4x100m Freestyle Men's 17+ 4x100m Freestyle		<b>Teams</b> Start: tbc Men's 14/16 4x100m Medley Men's 17+ 4x100m Medley
			<b>Teams</b> Start: tbc Men's 14/16 4x200m Freestyle H.D.W. Men's 17+ 4x200m Freestyle H.D.W.	<b>Teams</b> Start: tbc Women's 14/16 4x200m Freestyle H.D.W. Women's 17+ 4x200m Freestyle H.D.W.		<b>Teams</b> Start: tbc Women's 14/16 4x100m Medley Women's 17+ 4x100m Medley
<b>TRAINING</b> Start tbc	<b>FINALS</b> Start: 5pm	<b>FINALS</b> Start: 5pm	<b>FINALS</b> Start: 5pm	<b>FINALS</b> Start: 5pm	<b>FINALS</b> Start: 5pm	<b>FINALS</b> Start: 5pm

Age groups for Olympic Pathway individual events: 13/14yrs, 15yrs, 16yrs, 17yrs, 18+yrs

(13/14yrs No 50m Strokes, 15,16,17yrs 50m Strokes only available to swimmers who qualify for the equivalent 100m Event, 18+ Full event Programme).

All session timings subject to confirmation