



## BRITISH SENIOR LONG-COURSE RELAY RECORDS

### MEN

<i>Event</i>	<i>Time</i>	<i>Names</i>	<i>Venue</i>	<i>Date</i>
4x100m Freestyle Relay	3:11.14	Lewis Burras (48.09); Jacob Whittle (47.91); Matthew Richards (48.19); Tom Dean (46.95)	Budapest, Hungary – World Championships 2022	18/06/2022
4x200m Freestyle Relay	6:58.58 [ER]	Tom Dean (1:45.72); James Guy (1:44.40); Matthew Richards (1:45.01); Duncan Scott (1:43.45)	Tokyo, Japan – Tokyo 2020 (Olympic Games 2021)	28/07/2021
4x100m Medley Relay	3:27.51 [ER]	Luke Greenbank (53.63); Adam Peaty (56.53); James Guy (50.27); Duncan Scott (47.08)	Tokyo, Japan – Tokyo 2020 (Olympic Games 2021)	01/08/2021

*Next page for women's records*



## WOMEN

<i>Event</i>	<i>Time</i>	<i>Names</i>	<i>Venue</i>	<i>Date</i>
4x100m Freestyle Relay	3:34.03	Lucy Hope (54.37); Anna Hopkin (52.65); Abbie Wood (53.55); Freya Anderson (53.46)	Tokyo, Japan – Tokyo 2020 (Olympic Games 2021)	24/07/2021
4x200m Freestyle Relay	7:45.51	Joanne Jackson (1:55.98); Jazz Carlin (1:56.78); Caitlin McClatchey (1:56.42); Rebecca Adlington (1:56.33)	Rome, Italy – World Championships 2009	30/07/2009
4x100m Medley Relay	3:54.01	Kathleen Dawson (58.08); Molly Renshaw (1:05.72); Laura Stephens (57.55); Anna Hopkin (52.66)	Budapest, Hungary – European Championships 2021	23/05/2021

*Next page for mixed records*



## MIXED

<i>Event</i>	<i>Time</i>	<i>Names</i>	<i>Venue</i>	<i>Date</i>
4x100m Freestyle Relay	3:22.07	Duncan Scott (48.20); Tom Dean (48.11); Anna Hopkin (52.88); Freya Anderson (52.88)	Budapest, Hungary – European Championships 2021	22/05/2021
4x200m Freestyle Relay	7:26.67	Tom Dean (1:46.54); James Guy (1:45.43); Abbie Wood (1:56.67); Freya Anderson (1:58.03)	Budapest, Hungary – European Championships 2021	18/05/2021
4x100m Medley Relay	3:37.58 [WR]	Kathleen Dawson (58.60); Adam Peaty (56.78); James Guy (50.00); Anna Hopkin (52.00)	Tokyo, Japan – Tokyo 2020 (Olympic Games 2021)	31/07/2021